

# Carrier Screening

## for Inherited Genetic Disorders

Certain genetic disorders have a similar incidence across all ethnicities; others occur more frequently in a select ethnic group. Because these disorders are inherited in an autosomal recessive or X-linked manner, your patient may be at risk for being a carrier for a genetic disorder without even knowing it. We offer carrier screening for a large number of diseases.

### What kind of disorders can Mount Sinai Genetic Testing Laboratory screen for?

Each disease we offer screening for can severely impact an individual's life in one way or another:

- Some diseases shorten lifespan
- Others have no treatment or curative options
- Certain diseases cause physical impairment
- While others cause mental impairment
- Most diseases require lifelong treatment and management
- Oftentimes, multiple organ systems are affected
- Some disorders are lethal *in utero*

### What diseases should my patients be tested for?

Talk to your account manager about developing one or several customized panels to suit your patients' needs.

#### Suggested panel for individuals of Ashkenazi Jewish background:

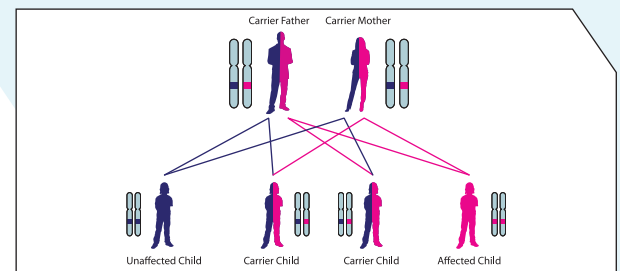
- Abetalipoproteinemia
- Alport Syndrome, Autosomal Recessive
- Arthrogyrosis, Mental Retardation and Seizures
- Bardet-Biedl Syndrome, BBS2-Related
- Bloom Syndrome
- Canavan Disease
- Carnitine Palmitoyltransferase II Deficiency
- Congenital Amegakaryocytic Thrombocytopenia
- Congenital Disorder of Glycosylation Ia
- Cystic Fibrosis
- Dyskeratosis Congenita, Autosomal Recessive
- Ehlers-Danlos VIIC
- Familial Dysautonomia
- Familial Hyperinsulinism, ABCC8-Related
- Fanconi Anemia C
- Fragile X Syndrome
- Galactosemia
- Gaucher Disease
- Glycogen Storage Disease Ia
- Joubert Syndrome 2
- Lipoamide Dehydrogenase Deficiency (E3)
- Maple Syrup Urine Disease Ib
- Mucopolipidosis IV
- Multiple Sulphatase Deficiency
- Nemaline Myopathy, NEB-Related
- Niemann-Pick Disease A and B
- 3-Phosphoglycerate Dehydrogenase Deficiency
- Polycystic Kidney Disease, Autosomal Recessive
- Retinitis Pigmentosa 59
- Smith-Lemli-Opitz Syndrome
- Spinal Muscular Atrophy
- Tay-Sachs disease (by DNA and enzyme)
- Tyrosinemia I
- Usher Syndrome IF
- Usher Syndrome III
- Walker-Warburg Syndrome, FKTN-Related
- Wilson Disease
- Zellweger Syndrome, PEX2-Related

#### Suggested standard pan-ethnic panel for individuals of non-Jewish background\*:

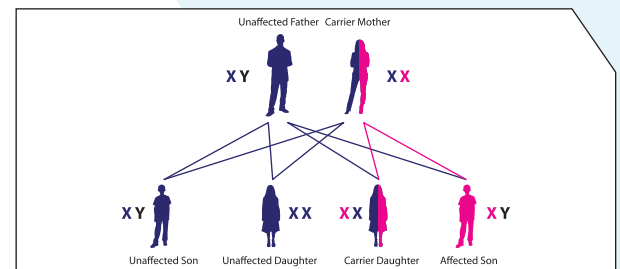
- Cystic Fibrosis
- Fragile X Syndrome
- Spinal Muscular Atrophy (including enhanced SMA testing for more accurate residual risk estimates)
- Smith-Lemli-Opitz Syndrome

\* Screening for hemoglobinopathies by CBC and Hemoglobin Electrophoresis is recommended for individuals of African, Asian, Hispanic, and Mediterranean ethnicity. Follow up DNA testing is available through Mount Sinai Genetic Testing Laboratory.

### How are these disorders inherited?



**Autosomal Recessive:** (Screening of both members of a couple can occur concurrently or sequentially).



**X-Linked:** (Screening for these conditions usually takes place on the female member of the couple).



**Mount  
Sinai**

#### Mount Sinai Genetic Testing Laboratory

1428 Madison Avenue, Atran Building, Room 2-25  
New York, NY 10029

T: 212-241-7518

F: 212-241-0139

[icahn.mssm.edu/genetictesting](http://icahn.mssm.edu/genetictesting)

## Mount Sinai Genetic Testing Laboratory Expanded Pan-Ethnic Panel

The following is a list of all the diseases for which carrier screening may be ordered:

Abetalipoproteinemia*	Fanconi Anemia C*	Niemann-Pick Disease C
Achromatopsia	Fragile X Syndrome*	Niemann-Pick Disease A and B*
Alkaptonuria	Galactosemia*	Nijmegen Breakage Syndrome
Alpha-Mannosidosis	Gaucher Disease*	Northern Epilepsy
Alport Syndrome, Autosomal Recessive*	GJB2-Related DFNB 1 Nonsyndromic Hearing Loss and Deafness (Connexin 26)	Pendred Syndrome
Andermann Syndrome	Glutaric Acidemia 1	Phenylalanine Hydroxylase Deficiency
ARSACS	Glycogen Storage Disease Ia*	3-Phosphoglycerate Dehydrogenase Deficiency*
Aspartylglycosaminuria	Glycogen Storage Disease Ib	Polycystic Kidney Disease, Autosomal Recessive*
Ataxia with Vitamin E Deficiency	Glycogen Storage Disease III	Polyglandular Autoimmune Syndrome 1
Ataxia-Telangiectasia	Glycogen Storage Disease V	Pompe Disease
Arthrogryposis, Mental Retardation and Seizures*	GRACILE Syndrome	PPT1-Related Neuronal Ceroid Lipofuscinosis
Bardet-Biedl Syndrome, BBS1-Related	Hereditary Fructose Intolerance	Primary Carnitine Deficiency
Bardet-Biedl Syndrome, BBS2-Related*	Hereditary Thymine-Uraciluria	Primary Hyperoxaluria 1
Bardet-Biedl Syndrome, BBS10-Related	Herlitz Junctional Epidermolysis Bullosa, LAMA3-Related	Primary Hyperoxaluria 2
Beta Thalassemia	Herlitz Junctional Epidermolysis Bullosa, LAMB3-Related	PROP1-Related Combined Pituitary Hormone Deficiency
Biotinidase Deficiency	Herlitz Junctional Epidermolysis Bullosa, LAMC2-Related	Pycnodysostosis
Bloom Syndrome*	Homocystinuria Caused by Cystathionine Beta-Synthase Deficiency	Retinitis Pigmentosa 59*
Canavan Disease*	Hurler Syndrome	Rhizomelic Chondrodysplasia Punctata 1
Carnitine Palmitoyltransferase IA Deficiency	Hypophosphatasia, Autosomal Recessive	Salla Disease
Carnitine Palmitoyltransferase II Deficiency*	Inclusion Body Myopathy 2	Sandhoff Disease (by enzyme)
Cartilage-Hair Hypoplasia	Isovaleric Acidemia	Segawa Syndrome
Choroideremia	Joubert Syndrome 2*	Sickle Cell Disease
Citrullinemia 1	Krabbe Disease	Sjogren-Larsson Syndrome
CLN3-Related Neuronal Ceroid Lipofuscinosis	Limb-Girdle Muscular Dystrophy 2D	Smith-Lemli-Opitz Syndrome*
CLN5-Related Neuronal Ceroid Lipofuscinosis	Limb-Girdle Muscular Dystrophy 2E	Spinal Muscular Atrophy*
Cohen Syndrome	Lipoamide Dehydrogenase Deficiency (E3)*	Steroid-Resistant Nephrotic Syndrome
Congenital Amegakaryocytic Thrombocytopenia*	Long Chain 3-Hydroxyacyl-CoA Dehydrogenase Deficiency	Sulfate Transporter-Related Osteochondrodysplasia
Congenital Disorder of Glycosylation Ia*	Maple Syrup Urine Disease Ib*	Tay-Sachs disease (by DNA and enzyme)*
Congenital Disorder of Glycosylation Ib	Medium Chain Acyl-CoA Dehydrogenase deficiency	TPP1-Related Neuronal Ceroid Lipofuscinosis
Congenital Finnish Nephrosis	Megalencephalic Leukoencephalopathy with Subcortical Cysts	Tyrosinemia I*
Costeff Optic Atrophy Syndrome	Metachromatic Leukodystrophy	Usher Syndrome IF*
Cystic Fibrosis*	Mucopolipidosis IV*	Usher Syndrome III*
Cystinosis	Multiple Sulphatase Deficiency*	Very Long Chain Acyl-CoA Dehydrogenase Deficiency
D-Bifunctional Protein Deficiency	Muscle-Eye-Brain Disease	Walker-Warburg Syndrome, FKTN-Related*
Dyskeratosis Congenita, Autosomal Recessive*	Nemaline Myopathy, NEB-Related*	Wilson Disease*
Ehlers-Danlos VIIC*		X-Linked Juvenile Retinoschisis
Familial Dysautonomia*		Zellweger Syndrome, PEX1-Related
Familial Hyperinsulinism, ABCC8-Related*		Zellweger Syndrome, PEX2-Related*
Familial Mediterranean Fever		

\*Diseases included in our Ashkenazi Jewish Panel

